DERBYSHIRE SPORTSHALL LEAGUE

PROGRAMME MATCH 3

<u>15.11.15</u>

TRACK

1.30pm Start

U11G 4 x 1

4 x 1

U11B

STANDING TRIPLE JUMP

FIELD

U11G	1 Lap		1.30pm	U15B
U11B	1 Lap		-	U11B
				U13B
U13G	2 Lap			U13G
U13B	2 Lap			U11G
U15G	2 Lap			
U15B	2 Lap			<u>SHOT</u>
U11G	2 Lap		1.30pm	U13B
U11B	2 Lap		-	U13G
				U15G
U13G	8 lap Parl	aaf		U15B
U13B	J13B 8 lap Parlaaf			CHEST PUSH
				U11B
U15G	4 Lap			U11G
U15B	4 Lap			
			VERTIC	<u>AL HIGH JUMP</u>
U9s	1 Lap	(Non-scoring)		
		,	1.30pm	U15G
INTERVAL			U11G	
				U11B
RELAYS			U13B	
	-			U13G
U13G	4 x 2			
U13B	4 x 2			
U15G	4 x 2			
U15B	4 x 2			

Results and Records will be published on http://derbyshireathletics.org.uk

4 events includinga relay.

ALL athletes are limited to a maximum of

A DERBYSHIRE ATHLETICS PROMOTION